

February 2021 Resources: Black Voices and Black History

The Anti-Racism Task Force is pleased to bring you this edition of our monthly resource blast. Each month we release links and resources related to a specific theme. No questions will be posed, but feel free to share reflections or start a conversation.

This month we are highlighting resources that center Black voices and advance the truth that Black History is American History. Knowing this history is essential to understanding the current permutations fostering implicit bias and the perpetuation of systemic racism. Learning this history serves to inform our science and practice by providing a foundation for conceptualizing this intergenerational trauma and its sequela.

UPCOMING EVENTS & TRAININGS

- [2/17/21: PTSD and Racial Trauma](#)
- [2/18/21: UB Department of Surgery launches Anti-Racism and Health Care Equity Initiative with Cornel West as inaugural speaker](#)
- [Black History Month Virtual Festival – ASALH – The Founders of Black History Month \(multiple dates\)](#)

PODCASTS

- [1619 - The New York Times](#)
- [NPR's Seizing Freedom](#)

- [Brene with Chad Sanders on What Black Leaders Learned from Trauma and Triumph](#)

VIDEOS

- [The Truth About Confederate Named Schools - Equal Justice Initiative](#)
- [Slavery to Mass Incarceration - Equal Justice Initiative](#)

BOOKS

- [Caste: The Origins of Our Discontents by Isabel Wilkerson](#)
- [My Grandmother's Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Bodies - Resmaa Menakem](#)
- [Stamped from the Beginning: The Definitive History of Racist Ideas in America \(National Book Award Winner\) - Ibram X. Kendi](#)
- [Homegoing - Gyasi, Yaa \(Novel\)](#)
- [Black Magic: What Black Leaders Learned from Trauma and Triumph - Chad Sanders](#)
- [The New Jim Crow - Michelle Alexander](#)
- [The Fire Next Time by James Baldwin](#)
- [Sister Outsider: Essays and Speeches by Audre Lorde](#)
- [Autobiography of Malcolm X: As told to Alex Haley.](#)

ARTICLES/ESSAYS

- [“PI Celebrates Black History Month” \(APA\)](#)
- [“Racism and Invisibility: Race-Related Stress, Emotional Abuse and Psychological Trauma for People of Color”](#)
- [“Ethnicity and Health in America Series: Contributions from Prominent Black Psychologists” \(APA\)](#)
- [“Black Pioneers in Mental Health”](#)
- [“The Case for Reparations” - Ta-Nehisi Coates](#)
- [“Transgenerational Consequences of Racial Discrimination for African American Health”](#)

CHILDREN’S RESOURCES

- [*Hair Love | Oscar®-Winning Short Film \(Full\) | Sony Pictures Animation*](#)
- [*BrainPOP - Martin Luther King, Jr.*](#)
- [*What is Black History Month?*](#)
- [*National Geographic Kids: Black History Month*](#)

CHILDREN’S BOOKS

- [*Lupita Nyong'o Reads "Sulwe" | Bookmarks | Netflix Jr*](#)

- [Kwame Alexander Reads His Children's Book THE UNDEFEATED](#)
- [Change Sings - Amanda Gorman](#)
- [Little Legends: Exceptional Black Men in History - Vashti Harrison](#)
- [Little Legends: Bold Women in Black History - Vashti Harrison](#)

MOVIES & DOCUMENTARIES

- [13th - Documentary, directed by Ava DuVernay](#) - A documentary exploring the intersection of race, justice and mass incarceration.
- [Selma](#), directed by Ava DuVerney. (Note: *Selma* is not a documentary, but rather “historical fiction,” a literary genre which takes place in the past and can have characters which include notable historical figures. There are some historical inaccuracies in *Selma*, e.g., the depiction of President Johnson as a reluctant supporter of civil rights, and the lack of representation of the historically accurate support of Jewish leadership for the civils rights movement. However, overall, *Selma* is considered to be highly historically accurate.)
- [When They See Us](#), created, co-written, and directed by Ava DuVernay. (Note: The events depicted are real, although some of the specifics, e.g., private conversations, are considered to have been written with artistic license.)

- [28 Films to Watch During Black History Month That Aren't About Black Trauma](#)

MUSIC

- [“Glory” \(From the Motion Picture *Selma*\)](#)

Additional News and Notes from the ARTF

- Our Anti-Racism Group Discussions are well underway! Looking forward to these on-going conversations and where they will lead us as a task-force and community.
- Watch for two joint initiatives from PAWNY's Membership committee and the ARTF - we would very much appreciate it if members would update their PAWNY profiles with additional search criteria (see email from Alanna Lipinski) and complete the survey from the ARTF that will be hitting you inbox shortly! Thank you!

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The Anti-Racism Task Force of the Psychological Association of Western New York (PAWNY)

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