NOVEMBER 2020 RESOURCES

The Anti-Racism Task Force is pleased to bring you this edition of our monthly resource blast. Each month we release links and resources related to a specific theme. No questions will be posed, but feel free to share reflections or start a conversation.

Actionable Item (deadline 12/1):

SIGN APA'S PETITION - ACT NOW TO OPPOSE TRUMP ADMINISTRATION'S BAN ON WORKPLACE DIVERSITY TRAINING ACROSS FEDERAL AGENCIES

Additional news and information from the Anti Racism Task Force:

As mentioned last month, the Anti-Racism Task Force is planning to organize small discussion groups. We have decided to start this in January. Karen Klementowski is spearheading the small group initiative and will be sending information about signing up as we get closer to the New Year. Any PAWNY member interested in participating is welcome.

This month's links highlight anti-racist Thanksgiving resources. Food for thought and conversation as we gather--whether in person or through the wonders of technology.

ARTICLES

- Ethnicity and Health in America Series: Stress in the Native American Community (APA resource - see additional related links on this page)
- Mental Health Care for American Indians and Alaska Natives
 Mental Health: Culture, Race, and Ethnicity

- The Invention of Thanksgiving
- What Does Thanksgiving Mean to Native Americans?
- Feeling Conflicted on Thanksgiving

PODCASTS

• MAMP Podcast Ep. #1: Deconstructing Thanksgiving - My American Meltingpot

WEBSITES

- National Native American Heritage Month
- <u>Centers for American Indian & Alaska Native Health</u>
 <u>Colorado School of Public Health</u>
 - Website and phone app that map Indigenous Land

BOOKS

- <u>Healing and Mental Health for Native Americans: Speaking</u>
 in Red (Contemporary Native American Communities Book 11) by
 Ethan Nebelkopf and Mary Phillips
 - There There: A Novel
- An Indigenous Peoples' History of the United States (REVISIONING HISTORY)

CHILDREN'S BOOKS

- 1621: A New Look at Thanksgiving: A New Look at Thanksgiving (National Geographic): Grace, Catherine O'Neill: 9780792261391 by Catherine O'Neill Grace
- Giving Thanks: A Native American Good Morning Message
 by Chief Jake Swamp
 - The People Shall Continue by Simon J. Ortiz
 - Native Women of Courage by Kelly Fournel

OTHER CHILDREN'S RESOURCES

- <u>Thanksgiving</u> (Brainpop)
- American Indian Perspectives on Thanksgiving
- Thanksgiving Mourning

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The Anti-Racism Task Force of the Psychological Association of Western New York (PAWNY)

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