

## **June 2021 Resources: Racial Health Inequities**

The Anti-Racism Task Force is pleased to bring you this edition of our monthly resource blast. Each month we release links and resources related to a specific theme. No questions will be posed, but feel free to share reflections or start a conversation.

We will continue sending Resource Blasts on various important topics for a few more months, after which time we will pilot a new format for information dissemination and discussion to further our practice of anti-racism. Stay tuned for more on this exciting initiative that we plan to kick off in the fall. Please note that we will be archiving these resources on the member side of the PAWNY website for future reference.

Racial inequity in health care has been an ongoing problem in our country. These inequities include pervasively poorer health outcomes within historically marginalized communities, fewer providers in racially segregated/low income neighborhoods, a lower proportion of diverse providers, biased assumptions by providers treating racial minorities, inadequate attention to the stressor of racism and its effects on health, and inadequate health insurance coverage for part-time, service, and minimum wage jobs disproportionately employing BIPOC individuals. The current COVID-19 pandemic has made these inequities even more apparent with disproportionately high rates of infection, hospitalization, and death as well as lower rates of vaccination.

Dr. Jennifer Kelly, the current president of APA, has highlighted the role of psychology in addressing racial health inequities in the launch of a Presidential Task Force on Psychology and Health Equity to “produce a comprehensive report articulating a vision for

the role of psychology in advancing health equity.” The goal of that task force is to “gather input from health care experts and the available scientific literature in order to make recommendations for psychological science, education and training, practice, public policy and legislative advocacy.” [APA 2021 president's health equity initiative](#)

## EVENTS

- [APA Town Hall: Advancing Equity, Diversity and Inclusion – Moving APA Forward](#)
- [APA Webinar: Health and Psychosocial Impacts of the COVID-19 Pandemic on People with Disabilities](#)

## WEBSITES

- [Center for Disease Control and Prevention - Health Equity](#)
- [Ending Structural Racism | National Institutes of Health](#)
- [AMA: Racism is a threat to public health](#)

## PODCASTS

- [The Health Disparities Podcast Series, by Movement is Life](#)
- [Inequity in Health Care Delivery, by University of Michigan School of Public Health](#)
- [Anti-Racism, Inequity, and Implicit Bias in Health Care \(list of podcasts and talks\), by Indiana University School of Medicine](#)

## ARTICLES/ESSAYS

- ["Being Black is Bad for Your Health," US News & World Report](#)
- ["Racism, Inequality, and Health Care for African-Americans," The Century Foundation](#)
- ["Study Spotlight COVID Racial Health Disparities, Similarities," University of Minnesota Center for Infectious Disease Research and Policy](#)
- ["Disparities in Mental Health Treatment, and Mental Health Care," American Psychological Association](#)
- ["Racial Disparities Lead to Poor Mental Health Care for Black Americans," verywellmind.com](#)
- ["Racial Disparities in Mental Health and Criminal Justice," NAMI \(National Association for the Mentally Ill\)](#)
- [The Impact of Historical Trauma on Health Outcomes for Indigenous Populations in the USA and Canada: A Systematic Review](#)

## BOOKS

- [Unequal Cities: Structural Racism and the Death Gap in America's Largest Cities \(Health Equity in America\), edited by Maureen R Benjamins, Fernando G de Maio](#)

- [Eliminating Race-Based Mental Health Disparities: Promoting Equity and Culturally Responsive Care Across Settings](#), edited by [Monnica T. Williams](#), [Daniel C. Rosen](#), [Jonathan W. Kanter](#)
- [Perspectives on Health Equity and Social Determinants of Health](#), edited by [Kimber Bogard](#), [Velma McBride Murray](#), [Charlee Alexander](#)
- [Medical Apartheid: The Dark History of Experimentation on Black Americans from Colonial Times to the Present](#), by [Harriet A. Washington](#)

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