

January 2021 Resources: White Privilege

The Anti-Racism Task Force is pleased to bring you this edition of our monthly resource blast. Each month we release links and resources related to a specific theme. No questions will be posed, but feel free to share reflections or start a conversation.

Our plan for this month had been to focus on White Privilege. In the wake of the horrific events of last week at the Capitol this topic feels all the more critical for psychologists (especially those of us who are white) to unpack and deeply understand. We recognize that this is not an easy or particularly comfortable topic. But personal growth and social change are rarely easy or comfortable endeavors. We invite you to scroll through the links below and take a leap with us. We are here to support you through discussion on the listserv, individual conversations with task force members and the facilitation of small groups (beginning the first week of February) as we engage in this hard and necessary work together.

UPCOMING EVENTS & TRAININGS

- [Patrisse Cullors, Co-Founder Black Lives Matter - UB Distinguished Speaker Series - February 10, 2021 @ 7pm](#)
- [From Ally to Antiracist: Using Contextual-Behavioral Science to Cultivate Growth and Action as Clinicians and Human Beings](#)
- [Trauma-Informed Responses to Racial Injustice: Interventions for New, Diverse or Vulnerable Populations](#)
- [Being the Change: Embracing Antiracism in the Therapy](#)

Room

PODCASTS

- [Speaking of Psychology: The invisibility of white privilege with Brian Lowery, PhD \(APA\)](#)
- [Deconstructing White Privilege - Robin DeAngelo](#)
- [Seeing White \(14 part series by Duke University Professor John Biewen\)](#)
- [Robin DiAngelo and Resmaa Menakem: In Conversation](#)
- [Eula Biss — Talking About Whiteness](#)

BOOKS

- [Me and White Supremacy: Combat Racism, Change the World, and Become a Good Ancestor](#)
- [White Fragility: Why It's So Hard for White People to Talk about Racism](#)
- [Waking Up White, and Finding Myself in the Story of Race](#)

ARTICLES/ESSAYS

Note: Peggy McIntosh is credited with first bringing the term “White Privilege” to the social science literature in 1989. Her definition remains very useful and informative. As does the list of

privileges she detailed in this article.

“I have come to see white privilege as an invisible package of unearned assets which I can count on cashing in each day, but about which I was ‘meant’ to remain oblivious. White privilege is like an invisible weightless backpack of special provisions, maps, passports, codebooks, visas, clothes, tools and blank checks.”

- [White Privilege: Unpacking the Invisible Knapsack](#) by Peggy McIntosh

- [What Is White Privilege, Really?](#) Tolerance.org

- [10 Examples That Prove That White Privilege Exists in Every Aspect Imaginable](#)

CHILDREN’S RESOURCES

- [White Privilege - Learning Plan \(Grades 3-5\) tolerance.org](#)

- [Talking About "White Privilege" \(Grades 6-8\) tolerance.org](#)

- [White Privilege - Learning Plan \(Grades 9-12\) tolerance.org](#)

CHILDREN’S BOOKS

- [Aged 4-8](#)

[Something Happened in Our Town: A Child's Story About Racial Injustice](#)

by Marianne Celano, Marietta Collins, and Anne Hazzard

[Race Cars: A Children's Book About White Privilege](#)

by Jenny Devenny

- [Ages 9-12](#)

[Resist: 35 Profiles of Ordinary People Who Rose Up Against Tyranny and Injustice](#)

by Veronica Chambers

[Not My Idea: A Book About Whiteness](#) (link includes video of book reading)

by Anastasia Higginbotham

- [Ages 12+](#)

[All American Boys](#)

by Jason Reynolds and Brendan Kiely

[Stamped: Racism, Anti-Racism, and You](#)

by Jason Reynolds and Ibram X. Kendi

MUSIC

- [White Privilege](#) by Macklemore

[White Privilege \(lyrics\)](#)

- [White Privilege II](#) by Macklemore, Ryan Lewis, & Jamila

Wood

[White Privilege II \(lyrics\)](#)

Additional news and information from the Anti Racism Task Force:

The Anti-Racism Discussion Groups will begin the [first week of February](#). If you have not yet signed up and would like to please look for the upcoming last call reminder email from the Anti-Racism Task Force to join a group. For more information contact

Karen Klementowski (karenklementowski@gmail.com).

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The Anti-Racism Task Force of the Psychological Association of Western New York (PAWNY)

Members: Nita Makhija (Co-Chair), Jane Dewey (Co-Chair), Melinda Haggerty, Tanisha Joshi, Amber Dewey, Alanna Lipinski, Emily Pikoff Mirwis, Karen Klementowski, Kathleen Shanahan, Tacianna Indovina, Thomas Chacko

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For questions regarding the PAWNY listserv, please post to the listserv or contact taciannaindovina@gmail.com

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